

ESTATES LANDSCAPING 8015 MAYFIELD ROAD (440) 729-7800 CHESTERLAND, OH 44026

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RESIDENTIAL AND COMMERCIAL LANDSCAPING SINCE 1999

Start the Year Right – Live Simply

Lehman's Hardware has long been noted as a source of items to help us live a "simpler life." Many of their ideas are good ones to consider for the coming year. We all could use advice to slow down and consider our own world. They've posted a list of 65 things to consider for simplifying, why not try some!

1. Eat leftovers. Make a larger quantity of each meal and keep the leftovers. Not only will you be saving money and eating healthy, the landfill won't be full of the disposable, one serving plastic and paper trash.



2. Make your bed. Ever heard the phrase, the state of your bed is the state of your head? Get something accomplished first thing in the morning and you'll be more productive all day.

3. Go outside. Fresh air and sunlight are essential for good physical and mental health. Take a hike, go on a picnic, or just read a good book.

4. Cook together. Are mealtimes stressful because you have picky eaters? Let them in on the shopping and meal planning activities. Cooking together is also a great way to learn math, reading and patience.

5. Volunteer. Giving back to others is one of the simplest ways to feel better about yourself.

6. Grow your own salad. It's cheaper, healthier and a great way to teach children patience.

7. Declutter. Your home should contain a place for everything so that everything can be in its place.

8. Pitch it. If you have too much stuff, only keep what you use, what you want and what you love.

9. Say "no thank you." No need to offer lengthy explanations when you are over-committed. Just politely decline the offer to participate. Remember, there is a difference between an obligation and an invitation.

10. Choose small chores. Every day pick one small-ish chore to get done, such as cleaning off the countertop or putting all the laundry away. By the end of the week, you'll be pleasantly surprised what you can get done. *Source: www.lehmans.com*

Japanese Beetles and Grubs

Some have wondered if a Japanese Beetle and a grub are the same thing. The answer is YES! After the spring feeding period, during the third summer of its life cycle, the grub pupates and turns into an adult Japanese beetle.

People who experienced Japanese beetles last summer are looking to take action against them this year before they become a problem. The best time to treat the Japanese beetle grubs is July through mid-September when they are small or moderate-sized. As they get larger, it is more difficult to kill them and by fall it is no longer practical to manage them. When spring arrives, these grubs are still too large to try to control.



The best reason for treating grubs is to protect lawns from damage. Insecticides can be applied either preventatively, before the grubs are seen, or curatively once grub presence is verified. If your lawn has suffered damage the last couple of years, treating grubs preventatively is an option. The best timing is when adults start to emerge, about early July. Mark your calendar or tell us early if this is something you'd like to be on top of! *Source: www.blog-yard-garden-news.extension.umn.edu/*



Perennial Plant of the Year

Sure, there's the Miss America pageant, but we're excited to tell you the winner of the Perennial Plant Association's 2021 Plant of the Year!

Calamintha Nepeta is the winner! This plant provides a mound of mintscented leaves, smothered by small white flowers from mid-summer until frost. It tolerates both dry and moist soils and is very attractive to pollinators. It is related to your basic garden mint, but happily, it doesn't have the same habit of spreading everywhere!

This sun-loving perennial is the perfect choice to enhance your garden!

If You Don't Have a Lot of Room...Consider This!

The beautiful plumes of a Smokebush really make a statement in late spring to early summer. Many of us don't have room for the traditional variety, but the a petite form of a Smokebush maturing at a mere 4'. Its shape is round and compact giving you a splash of color in your garden. Of course, it's a perennial which means no fuss! It's comes back every year until it reaches maturity at about 4' by 4' in size.



Don't Even Think About Tossing Coffee Grounds!

Coffee grounds are not just a natural solution to keep out insects and deer, it's also cheap. Next time, sprinkle grounds around pet food bowls and other areas where you wish to repel ants. Outdoors, ants and deer are repulsed by the strong smell the brewed coffee grounds. Besides this fact, the grounds also are a natural fertilizer adding calcium to the soil! Win – win!

What is included in a Spring Clean Up?

When the winter wraps up, we are left with debris in our gardens and all over the yard! Extra leaves fell, or blew in from the neighbors' yards, sticks fell from winter winds and everything just looks messy. When we come to take care of all this, we will make sure to clean out all the sticks and leaves, and we also will blow off the lawn to remove any snow mold so the new grass can come in healthy.

We will clean out the garden beds from debris and edge the gardens with a sharp edge to clearly define the area. Finally, if there are any perennial plants that need to be trimmed, we will take care of them as well! If you would like a Spring Clean Up – just give us a call!

Our Hours are Shorter During the Winter

As a reminder, our hours change for the winter! There just isn't a need to staff the office as much as we do in the growing season.

Mike is here very often and plans to visit family out of state since this is the best time (really the only time) of year to do so as a landscaper. Brandon is here doing repair and maintenance on all the vehicles and equipment – no easy job. Becky is here to check on communications and get things ready for the new season, but this winter she will get her knee repaired – physical therapy is in her future.

We touch base regularly with the phone messages (440-729-7800) and email, but don't worry if it takes us a day or two to respond. The fastest way to get a response for any questions you might have will be with email at <u>mikehetman@estateslandscaping.com</u>.

We look forward to a great growing season and look forward to working with you again.

YOU are our priority!!

We always want to remind you that if you have any special plans for your landscaping, or a construction project for your yard, *YOU come first* before anyone else who might call. We always want to honor our existing customers to put you first in line!



Mike is glad to talk to you about any projects you might be considering and once you decide to proceed, he will put you first on our list for spring projects. The sooner we hear from you, the better!

