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Sports News – 100 years ago in Baseball!

We take a look back 100 years at the world of sports in 1920, from famous births to milestones and more. It was a year in which Cleveland won a World Series and the Olympics were held.



The Cleveland Indians win the best-of-nine World Series, beating the Brooklyn Robins five games to two. It is the team's first of two World Series championships. In 1920, Cleveland has the best record in baseball. at 98-56.

An unassisted triple play is pulled off in the World Series. Cleveland second baseman Bill Wambsganss (shown) snags a line drive (one out), steps on second base to get the runner off the base (two out),

then turns to tag the runner coming from first (three out). Only 15 unassisted triple-plays have occurred in the Majors, with three by Cleveland players.

Source: www.onthisday.com

Featured Flowers for Spring

Lilacs - Sweet smelling lilacs are another flower to make their appearance in early spring. Symbolizing the essence of first love and confidence they can grow up to 10 feet tall.

Heather - Heather is another hardy flower which is able to survive the cold winters of the North. In fact, its purple flowers carpeting the land is a welcome sight in traditional Celtic cultures where it was often given to express admiration for someone special.



Pansies - Pansies are bright and happy flowers that carry lots of positive connotations of loving thoughts. In Victorian times they were a secret symbol given to express love covertly.

Freesias - Freesias are a welcome arrival, coming in many shades of white, blue, pink, yellow and purple. These bright and colorful flowers are normally given to reflect innocence, trust and friendship. Source: www.floraqueen.com



Dandelions have a bad reputation as a weed, but...

Everything, from the flower all the way down to the roots, is edible. Dandelions also happen to be delicious. The taste of dandelion resembles a slightly bitter green like arugula. You can eat them fresh in salads, or cook them on the stove.

If raw dandelion leaves don't appeal to you, they can also be steamed or added to a stir-fry or soup, which can make them taste less bitter. The flowers are sweet and crunchy, and can be eaten raw, or breaded and fried, or even used to make dandelion syrup or wine Source: www.treehugger.com

Care of Roses in Spring

Not all types of roses need to be pruned, other than for clean-up and size control, but if you are going to prune your roses, early spring is a perfect time. Pruning before the leaf buds open causes the rose bush to put its full energy into new growth.

Start fertilizing in early spring and stop in late summer or fall: Make your first application about four to six weeks before growth begins in spring. Rose growers are strong advocates for using *Epsom salts*. They claim it not only makes the foliage greener and lusher, but it also produces more canes and more roses. For ongoing rose care, mix 1 tablespoon of Epsom salts per gallon of water and apply as a foliar spray.

Primarily a rich source of calcium, *eggshells* help roses by strengthening the walls of the plant's cell tissue. In addition to promoting general plant vigor, calcium contributes to healthy green foliage on rose bushes, as well as to strong root systems.

One of the best sources of potassium for both humans and roses is the *banana*! While you can't get away with fertilizing rose plants with only bananas, adding leftover peels to the soil around your rose bushes provides a boost of potassium essential for healthy, beautiful blooms. *Epsom salts, banana peels, coffee grounds and egg shells* are some of the best items to compost plants! *Source: www.gardendesign.com*

It's Time to Think about Deer Again!

What is not on a deer's menu? Well, while no plant is completely deer resistant, our four-legged friends tend to shy away from plants that feature such unpalatable characteristics as bitter flavor, thorny stems, strong scent or unappealing texture. For example, deer find the fuzzy leaves of the perennial lamb's ears (*Stachys byzantina*), unappetizing and generally will walk away from a dinner of any perennial herbs – they all have a scent! Marigolds usually won't make the deer's menu due to their strong scent. When natural food is scarce — such as during a drought or early in the growing season — deer may be more tempted

than usual to make a meal out of your garden, but these deer-resistant plants, placed along with other plantings, can add beauty and a bit of protection to your beloved beds.

Deer aren't the only trouble makers in the spring garden – rabbits can eat their way through your flower and vegetable garden! To keep the bunnies at bay, plant Ageratum (too fuzzy,) Marigolds (smelly and bitter,) Geraniums (too pungent,) Strawflower (stiff and papery,) or Snapdragons (toxic to rabbits!) *Source: www.hgtv.com*

Fleas and Ticks



Word is out that fleas and ticks might be a problem this summer. Who knows?! If you'd like a natural way of keeping them out of your yard, know that they don't like the smell of cedar! If you put cedar chips around your foundation, it's sure to keep them away from your home. Even if you have other mulch, you can sprinkle the cedar mulch over it. Also, you could make a solution using essential oil, in cedar scent, mixed with water to spray all over your gardens and yard!

- Buddha

"If we could see the miracle of a single flower clearly, our whole life would change."





